

The Depth Qualities of Jin Shin Jyutsu

DEPTH	1	2	3	4	5	6	7	8	
FINGER	Thumb	Ring	Middle	Index	Little	Center of Palm			
ATTITUDE	Worry	Sadness	Anger	Fear	Trying To [Pretense]				
SAFETY ENERGY LOCKS	1-4	5-15	16-22	23	24-26	0-26			
ELEMENT	Earth	Air [Metal]	"Key" [Wood]	Water	Fire	Primordial Fire	Light		
FUNCTION	Skin Surface	Deep Skin	Blood	Muscle	Bone	Breath of Life	Connection	All Inclusive	
STRESS	Sitting	Reclining	Reading	Standing	Walking	Sleeping			
PROJECT	Stomach	Skin	Eyes	Ears	Heart	Death			
AGE	1-15	16-30	31-45	46-60	61+				
ORGANS	Spleen Stomach	Lung Lrg. Intestine	Liver Gall Bladder	Kidney Bladder	Heart Sm. Intestine	Diaphragm Umbilicus			
CERVICAL VERTEBRAE	1	5	2	6	3	7	4		
ASTRO SIGN	Cancer Gemini	Aries Taurus	Pisces Aquarius	Scorpio Libra	Leo Virgo	Sagittarius Capricorn			
"PLANET"	Saturn	Venus [Uranus]	Jupiter	Mercury [Nep/Pluto]	Mars	Moon	Sun		
NUMBER	5	9	8	6	7	5	11		7
COLOR	Yellow	White	Green	Blue/Black	Red	Red	Light		Invisible Light
STONE	G	E	C	F	A	D	B	High C	
DAY	Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday		
SEASON	Hottest Summer	Fall	Spring	Winter	Summer				
DIRECTION	Center	West	East	North	South	Midheaven			
METAL	Lead	Copper	Tin	Mercury	Iron	Silver			
MINERAL	Blk. Onyx	Emerald	Sapphire	Amethyst	Ruby	Pearl			
TASTE	Sweet	Tart	Sour	Salty	Bitter				
SMELL	Fragrant	Fleshy	Rancid	Putrid	Burnt				
"QUICKIE"	Deep Six Little Toe	Calves	14	8	6	Center Of Palm			